

# Butterflies & Hummingbirds

## Helpful Hints

### 1) Locate The Garden In A Sunny Area

Butterflies and most butterfly-attracting plants require bright sunshine.

### 2) Plant Nectar-Producing Flowers

Many native butterflies seem to prefer purple, yellow, orange and red-colored blossoms. Clusters of short tubular flowers or flat-topped blossoms provide the ideal shapes for butterflies to land and feed. Hummingbirds are attracted to red tubular flowers, but will consume nectar from any flower producing sweet nectar. Occasionally they may also feed on tiny insects and spiders.

### 3) Select Single Flowers Rather Than Double Flowers

The nectar of single flowers is more accessible and easier for butterflies to extract than the nectar of double flowers which have more petals per flower.

### 4) Use Large Splashes Of Color In Your Landscape Design

Butterflies and hummingbirds are primarily attracted to flowers by their color. Groups of flowers are easier to locate than isolated plants.

### 5) Plan For Continuous Bloom Throughout The Growing Season

Butterflies and hummingbirds are active from spring until late fall. Plant a variety of flowers that will provide nectar throughout the entire growing season.

### 6) Include Host Plants In The Garden Design

Host plants provide food for caterpillars and lure female butterflies into the garden to lay eggs.  
{i.e. Milkweed (Asclepias) hosts the Monarch butterfly larvae}

### 7) Include Damp Areas or Shallow Puddles In The Garden

Some butterflies drink and extract salts from moist soil. Occasionally, large numbers of male butterflies congregate around a moist area to drink.

### 8) Place Flat Stones In The Garden

Butterflies often perch on stones, bare soil or vegetation, spread their wings and bask in the sun. Basking raises their body temperature so they are able to fly and remain active.

### 9) Do Not Use Pesticides In or Near A Butterfly Garden

Most traditional garden pesticides are toxic to butterflies. If insect problems occur use predatory insects, insecticidal soap, or hand remove the pests.

### 10) Install A Hummingbird Feeder

Many types of feeders are available and should be filled with a boiled solution of four parts water to one part white refined sugar or a commercial “nectar” mix. Cool the solution before setting out for the birds. Do not use honey or artificial sweetener solutions in feeders because these may produce a fungal disease fatal to hummingbirds. Sugar water feeders should be cleaned every three to five days using a brush and mild detergent. Rinse well.

## Plants That Attract Butterflies

### Annuals and Herbs

Ageratum	Bronze Fennel
Cosmos	Dill
Flowering Tobacco	Four O'Clocks
Globe Amaranth	Heliotrope
Lantana	Lavender
Marigold	Nasturtium
Parsley	Petunia
Pot Marigold	Rosemary
Verbena	Zinnia

### Perennials

#### BOTANICAL NAME      COMMON NAME

Achillea millefolium	Yarrow
Actaea	Bugbane
Alcea rosea	Hollyhock
Asclepias	Milkweed
Aster	Aster
Baptisia	False Indigo
Buddleia	Butterfly Bush
Chelone	Turtlehead
Coreopsis	Coreopsis
Dianthus barbatus	Sweet William
Echinacea purpurea	Purple Coneflower
Echinops	Globe Thistle
Eupatorium maculatum	Joe-Pye Weed
Gaillardia	Blanketflower
Geranium	Geranium
Helenium	Sneeze Weed
Hemerocallis	Daylily
Hibiscus	Hardy Hibiscus
Liatris	Blazing Star
Lupinus perennis	Lupine
Mentha	Mint
Monarda	Bee Balm
Oenothera	Evening Primrose
Phlox paniculata	Garden Phlox
Rudbeckia	Black-eyed Susan
Salvia	Sage
Sedum	Sedum
Veronica	Speedwell

### Shrubs

BOTANICAL NAME	COMMON NAME
Rhododendron	Rhododendron/Azalea
Clethra alnifolia	Summersweet
Philadelphus	Mockorange
Salix discolor	Pussywillow
Symphoricarpos albus	Snowberry
Syringa	Lilac
Weigela	Weigela

### Trees

BOTANICAL NAME	COMMON NAME
Liriodendron tulipifera	Tuliptree
Betula	Birch
Quercus	Oak
Prunus	Plums, Cherries

## Plants That Attract Hummingbirds

### Annuals

Cleome	Flowering Tobacco
Four O'Clocks	Fuchsia
Impatiens	Nasturtium
Petunias	Salvia
Snapdragons	

### Perennials

BOTANICAL NAME	COMMON NAME
Alcea	Hollyhock
Aquilegia canadense	Columbine
Asclepias	Butterfly Weed
Campanula	Canterbury Bells
Chelone	Red Turtlehead
Dicentra	Bleeding Hearts
Heuchera sanguinea	Coral Bells
Hibiscus	Hardy Hibiscus
Lilium	Lily
Lobelia cardinalis	Cardinal Flower
Monarda	Bee Balm
Penstemon	Beard's Tongue

### Vines

BOTANICAL NAME	COMMON NAME
Campsis radicans	Trumpet Vine
Ipomea purpurea	Morning Glory
Phaseolus coccineus	Scarlet Runner Bean
Lonicera sempervirens	Trumpet Honeysuckle